

Take and Eat: Scott Hahn Reflects on the Nineteenth Sunday in Ordinary Time

Sunday Bible Reflections by Dr. Scott Hahn
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First Reading: 1 Kings 19:4-8 | Psalm Psalm 34:2-9
Second Reading: Ephesians 4:30-5:2 | Gospel: John 6:41-51



Sometimes we feel like Elijah in today's First Reading. We want to lie down and die, keenly aware of our failures—that we seem to be getting no better at doing what God wants of us.

We can be tempted to despair, as the prophet was on his forty-day journey in the desert. We can be tempted to “murmur” against

God, as the Israelites did during their forty years in the desert (see Exodus 16:2, 7, 8; 1 Corinthians 10:10).

The Gospel today uses the same word, “murmur,” to describe the crowds, who reenact Israel's hardheartedness in the desert.

Jesus tells them that prophecies are being fulfilled in Him, that they are being taught by God. But they can't believe it. They can only see His flesh, that He is the “son” of Joseph and Mary. Yet if we believe, if we seek Him in our distress, He will deliver us from our fears, as we sing in today's Psalm.

At the altar in every Eucharist, the angel of the Lord, the Lord himself (see Exodus 3:1–2), touches us. He commands us to take and eat His Flesh given for the life of the world (see Matthew 26:26).

This taste of the heavenly gift (see Hebrews 6:4–5) comes to us with a renewed command—to get up and continue on the journey we began in Baptism, to the mountain of God, the kingdom of heaven. He will give us the bread of life, the strength and grace we need—as He fed our spiritual ancestors in the wilderness and Elijah in the desert.

So let us stop grieving the Spirit of God, as Paul says in today's Epistle, in another reference to Israel in the desert (see Isaiah 63:10).

Let us say to God as Elijah did, “Take my life.” Not in the sense of wanting to die. But in giving ourselves as a sacrificial offering—loving Him as He has loved us, on the cross and in the Eucharist.

ANNOUNCED MASSES
August 11th – 19th, 2018

Saturday 4:30 p.m.	Aug. 11th	Sunday Vigil Deceased Members of the Henriques family – RIP – by Claire and Jean
Sunday 9:00 a.m. 11:00 a.m.	Aug. 12th	Nineteenth Sunday in Ordinary Time Alfred Benedict – RIP – by Mary Rosaria Benedict Leticia Bulotano – RIP – by the Mojica family
Monday	Aug. 13th	NO MASS
Tuesday 7:00 p.m.	Aug. 14th	Saint Maximilian Kolbe Sal Lancione – RIP – by the family
Wednesday 9:00 a.m.	Aug. 15th	Assumption of the Blessed Virgin Mary Letitia Sequeira - RIP
Thursday 9:00 a.m.	Aug. 16th	Saint Stephen of Hungary Alfredo Ferraresi – RIP – by Josie
Friday 9:00 a.m.	Aug. 17th	Weekday Jean Boisvert Marcous – RIP – by Pauline
Saturday 4:30 p.m.	Aug. 18th	Sunday Vigil Lucy D'Souza –RIP – by Nelson D'Souza
Sunday 9:00 a.m. 11:00 a.m.	Aug. 19th	Twentieth Sunday in Ordinary Time Rita and Pietro Mosca – RIP – by the family Shirley Tambalo – RIP – by the family

**Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May their souls and the souls of all the faithful departed
through the mercy of God rest in peace.**

Collection:
August 5, 2018 - **\$2,476.70**
First Saturday - **\$90.30**
You Lift Me Up - **\$250.00**
(bringing our total to **\$122,984.00** for our goal of **\$170,000.00**)
Thank you for your generosity.

ASSUMPTION OF THE BLESSED VIRGIN MARY: August 15



The Assumption of the Virgin Mary celebrates her being assumed – taken up body and soul – into heaven at the end of her earthly life. It began as a feast day in the Eastern Church after the Council of Ephesus (431) proclaimed Mary the Mother of God. By the 6th century, the feast celebrated Mary's Dormition, her 'falling asleep,' meaning her death; there are several ancient icons of the Dormition. The Western Church began to celebrate this feast around 650.

CFC MONTREAL-ANCOP WALK 2018



Couples for Christ (CFC)-Montreal invites you to the 15th ANCOP Walk on August 18, 2018, 10:00 AM at the Van Horne Park. Answering the Cry of the Poor (ANCOP) Canada is a duly registered Canadian charity dedicated to uplifting the lives of poor families in developing countries. The Walk is an annual event organized to gather support for its programs on Child Education Sponsorship, Community Development, and Humanitarian Relief. Walk with us and with 19 other cities across Canada! To register and/or donate, visit <https://ancopcanada.org/ancopwalk>. For information, please call Renato at 514-962-6086.

BE MY DISCIPLES NEWS



PARENT MEETING – August 26, 2018, immediately after the 9:00 a.m. Mass. All parents with children in the Be My Disciples Program are expected to attend.

The **Be My Disciples Registration Forms** for 2018 - 2019 are still available. **ALL children** of the Parish **must be registered in this faith transmission and education program.** All parishioners who have children between the ages of Kindergarten and Junior High, please enquire at the office or call Connie Kuhr for information at 514-747-9347. The **DEADLINE was June 24, 2018.** Registrations after that date will be charged a late fee of \$25.00 per person. We will contact in mid-August all those who are registered in the program.

Be My Disciples will re-start on Sunday, September 9th, immediately after the 9:00 a.m. Mass.

HOLY HOUR



Silent adoration every Tuesday evening, following the 7:00pm mass (from 7:30pm to 8:30pm) Also, Adoration every Friday, following the 9:00am mass (from 9:30am to 10:30am). Come and spend some time with the Lord!

"Our Lord hears our prayers anywhere, but He has revealed to His servants that those who visit Him in the Eucharist will obtain a more abundant measure of grace." - St.Alphonsus Ligouri